



Client: Dynamic Dance

Project: Press Release

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Dynamic Dance Classes Make Long-Awaited Return to Chideock

Dee Lanning and her team at Dynamic Dance will be returning to teach Modern Jive classes at Chideock Village Hall from Monday the 28th February, after a two year hiatus due to Covid restrictions. Prior to lockdown, the popular Chideock-based class was well-attended by social dance enthusiasts from all over Dorset. Thanks to the significant easing of restrictions and the successful completion of several trial events, they are ready to open registration for all new and existing dancers.

Dynamic Dance, which recently celebrated its fourth birthday, will once again be offering six week beginner courses from the end of this month. During the course, dancers will complete the entire Beginners Syllabus, which includes six complete partner routines. Because there is no complicated footwork to learn, this course is perfect for those with little to no experience.

Classes run from 7:30-10:15pm, and include more than 90 minutes of tuition and over one hour of freestyle, which is broken down into manageable chunks throughout the evening. Freestyle not only gives dancers plenty of opportunities to practise their moves to a range of music, but is a great way to keep fit, meet new people and have fun.

The social nature of Modern Jive means dancers attending these classes do not require a fixed partner, and are very welcome to attend alone or with friends. In addition to Dee's expert tuition, new participants will also receive dedicated support from experienced crew members and veteran dancers.

Dynamic Dance's founder, Dee Lanning, is a qualified dance instructor with fifteen years' experience teaching Modern Jive. She has taught all over the UK and Europe, and has hosted a range of events including 'Dance for MS Society', a year-long campaign of fundraising and events in West Dorset to support MS sufferers.

Speaking of her delight at returning to Chideock Village Hall, she said, "After almost two years away from the dancefloor and then restricted classes, I am beyond excited to be able to return to social dancing again!

Dancing is not only something I do for my own mental health, but I take enormous pleasure in coaching new dancers, especially adults who have regretted not learning before now. Sharing that 'eureka' moment with a new dancer is something very special.

Dynamic Dance is more than just a dance class - we are a community, and we are looking forward to meeting and welcoming new dancers, too."

In addition to teaching Modern Jive, Dee also offers Solo Charleston classes, and workshops in Vintage Burlesque, Blues, Smooth Jive, Ladies Styling, Doubles and Aerials.

- ENDS -

Course details:

Monday 28th February - Monday 4th April

7:30-10:15pm

Chideock Village Hall

DT6 6JW

Price per evening: £7 or £36 when you pay for a 6 week course in full

For more information, please contact Dee Lanning on 07740 349 393.

www.dynamic-dance.uk

Notes to Editor

Dee is an associate member of the LeRoc Federation and a member of the UKA Dance awarding body (validated by Council for Dance Education & Training).

Dynamic Dance is a small dance business set in West Dorset, run by Dee Lanning, specialising in Modern Jive, Solo Charleston and Vintage Burlesque.

Modern Jive, also known as LeRoc, Ceroc or Social Jive, is a form of social dance performed with a partner. Originally derived from other dance styles such as Lindy Hop, Salsa and Swing, among others, it can be danced to many different tempos and genres of music. The main difference between Modern Jive and other styles of partner dance is the simplification of the footwork, which makes it one of the easiest partner dances to learn.